

April 2018

Pr-K – 2nd Grade

BREAKFAST



School Information: 100% fruit juice & 1% milk is served with breakfast ~ Menus are subject to change ~ USD 352 is an equal provider.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

2

Mini waffles w/syrup

Fruit

Tuesday

3

Star spangled pancakes

Fruit

Wednesday

4

Bagel w/ toppings

Fruit

Thursday

5

Breakfast Pita w/salsa

Fruit

Friday

6

Cinnamon roll

Fruit

Cereal

9

Yogurt cup

Fruit

Biscuit & gravy

10

Fruit

Yogurt Parfait

11

Fruit

French toast sticks

12

W/syrup

Fruit

WG donut

13

Fruit

Mini waffles w/syrup

16

Fruit

Cinnamon roll

17

Fruit

Breakfast pizza

18

Fruit

Cook's Choice

19

Muffin

20

Fruit

NO SCHOOL

23

Cereal

24

Sausage patty

Fruit

Biscuit & gravy

25

Fruit

Pancake on a stick

26

Fruit

Cook's Choice

27

Fruit

30

French toast sticks w/syrup

Fruit



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Monday

2

Mini waffles w/syrup

Fruit

Tuesday

3

Star spangled pancakes

Fruit

Wednesday

4

Bagel w/ toppings

Fruit

Thursday

5

Breakfast Pita w/salsa

Fruit

Friday

6

Cinnamon roll

Fruit

Cereal

9

Yogurt cup

Fruit

Biscuit & gravy

10

Fruit

Coffee cake

11

Fruit

Western omelet quesadilla

12

W/salsa

Fruit

French toast sticks w/syrup

13

Fruit

Mini waffles w/syrup

16

Fruit

Cinnamon roll

17

Fruit

Breakfast pizza

18

Fruit

Cook's Choice

19

Muffin

20

Fruit

NO SCHOOL

23

Cereal

24

Sausage patty

Fruit

Biscuit & gravy

25

Fruit

Chicken biscuit breakfast sandwich

26

Fruit

Pancake on a stick

27

Fruit

30

French toast sticks w/syrup

Fruit





School Information: A choice of 1% or chocolate milk is served with lunch ~ Menus are subject to change ~ All meals should be paid for in advance ~ USD 352 is an equal provider.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

BBQ chicken drum stick
Roll
Baked beans
Cole slaw
Fresh baby carrots
Fruit **2**

Mini meatball sub
Ranch potatoes wedges
Salad
Fruit **3**

Super nachos
Lettuce
Refried beans
Salsa
Fruit **4**

Grilled chicken sandwich
Broccoli florets
Fresh baby carrots
Fruit **5**

Pepperoni pizza
Celery sticks
Cherry tomatoes
Fruit **6**

Corn dog
Green beans
Tater tots
Snickerdoodle
Fruit **9**

Pork rib on a bun
Lettuce
Tomato
Sweet potato puffs
Fruit **10**

Taco soup
Chips
Salsa
Refried beans
Fruit **11**

Chicken quesadilla pizza
Broccoli florets
Fresh baby carrots
Fruit **12**

Turkey & cheese sub
Corn
Salad
Fruit **13**

Pepperoni pizza
Celery sticks
Cherry tomatoes
Fruit **16**

Hot ham & cheese sandwich
Potato wedges
Broccoli florets
Fruit **17**

Taco burger
Salsas
Lettuce
Refried beans
Fruit **18**

Cook's Choice **19**

Chicken nuggets
w/ sweet & sour sauce
red & green bell peppers
fruit **20**

NO SCHOOL **23**

Turkey & cheese sub
Lettuce
Tomato
Oven fries
Red bell peppers
Fruit **24**

Chicken tetrazzini
Garlic bread
Salad
Sliced cucumber
Baby carrots
Fruit **25**

Baked chicken drum stick
Rice
Oatmeal roll
Cherry tomatoes
Broccoli
Fruit **26**

Sloppy joe on a bun
Roasted red potatoes
Peas
Fruit **27**

Beef & bean burrito
Salsa
Lettuce
Corn
Fruit **30**



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LUNCH



School Information: A choice of 1% or chocolate milk is served with lunch ~ Menus are subject to change ~ All meals should be paid for in advance ~ USD 352 is an equal provider.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

BBQ chicken drum stick **2**
Roll
Baked beans
Cole slaw
Fresh baby carrots
Fruit

Mini meatball sub **3**
Ranch potatoes wedges
Salad
Fruit

Cook's Choice **4**

Grilled chicken sandwich **5**
Broccoli florets
Fresh baby carrots
Fruit

Pepperoni pizza **6**
Celery sticks
Cherry tomatoes
Fruit

Corn dog **9**
Green beans
Tater tots
Snickerdoodle
Fruit

Pork rib on a bun **10**
Lettuce
Tomato
Sweet potato puffs
Fruit

Taco soup **11**
Chips
Salsa
Refried beans
Fruit

Chicken quesadilla **12**
Broccoli florets
Fresh baby carrots
Fruit

Turkey & cheese sub **13**
Corn
Salad
Fruit

Pepperoni pizza **16**
Celery sticks
Cherry tomatoes
Fruit

Hot ham & cheese sandwich **17**
Potato wedges
Broccoli florets
Fruit

Taco burger **18**
Salsas
Lettuce
Refried beans
Fruit

Lasagna **19**
Garlic bread stick w/marinara sauce
Salad
Baby carrots
Chocolate chip cookie, fruit

Chicken nuggets **20**
w/ sweet & sour sauce
red & green bell peppers
fruit

NO SCHOOL **23**

Turkey & cheese sub **24**
Lettuce
Tomato
Oven fries
Red bell peppers
Fruit

Chicken tetrazzini **25**
Garlic bread
Salad
Sliced cucumber
Baby carrots
Fruit

Baked chicken drum stick **26**
Rice
Oatmeal roll
Cherry tomatoes
Broccoli
Fruit

Sloppy joe on a bun **27**
Roasted red potatoes
Peas
Fruit

Beef & bean burrito **30**
Salsa
Lettuce
Corn
Fruit



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